

April 23, 2020

NOTE FROM DEAN PADMORE

As we continue to respond to the COVID-19 pandemic, we are all feeling the stress and fatigue related to our “new normal” -- whether that is in the hospital, in our programs, or in our personal lives and the challenges that we are facing with this pandemic. I saw a quote the other day that said, “*Tough times require tough people*”. And all of you – our residents and fellows and faculty – are not only tough people, but also the best physicians I could ever hope to work with. But being tough all the time is also stressful. So please take time, whenever you can find even small moments, to relax, decompress, and think about what you are grateful for. Personally, I am grateful every day to consider each and every one of you as part of the Academics team. Starting this week, I want to recognize residents and fellows who have gone above and beyond during this pandemic. **Please send me recommendations of peers that you would like to recognize.** We will feature one or two people each week. To kick this off, our “Resident Shoutout” features a recent alumna of both Georgetown School of Medicine and MedStar Washington Hospital Center, who emailed us this weekend to express her gratitude as she is on the front lines in New York.



VP Academic Affairs, MedStar Health
Sr. Associate Dean for Medical Education, Georgetown University Medical Center



RESIDENT SHOUTOUT

This note was written by Neelam Khan, MGUH Internal Medicine Alumni ('2017) and Georgetown School of Medicine (M' 2016). Dr. Khan is currently a PGY3 dermatology resident at SUNY Downstate.

I just wanted to send a quick note of genuine thanks to you and all of the Medicine Department teaching faculty at WHC for preparing me so well as a dermatology prelim, with a strong foundation of adult medicine during that one year. Who knew that all the studying, memorizing, and preparing for my ICU block and that test, using portions of the blue book to help me understand and not embarrass myself in front of Dr. Shorr, would become invaluable knowledge for a derm resident in Brooklyn to have during this pandemic. I was deployed to work in the COVID inpatient unit at Kings County Hospital and SUNY Downstate, and while it was of course overwhelming and distressing in many ways, I was at least constantly comforted by the fact that the knowledge I gained during my prelim year at WHC came back pretty quickly, because it was very much there in the back of my brain from over 2.5 years ago. It gave me confidence to be a physician first, knowing that I had the basic medicine training to be doing what I was doing to help take care of our COVID patients (despite being a "deployed derm resident").

So thank you. I am so grateful to you, all the faculty/staff, the entire dept of medicine at WHC for so much right now. I was blessed to learn all that I did during my prelim year, mostly from the fact that the teaching/academic environment was just so good that no matter what your specialty, you absorbed important/useful information and it stuck. **I am proud that I trained with your program for my prelim year and that it gave me the ability to do my part here in NYC to help save patient lives.** Please send my appreciation and thanks to everyone.

Important Updates:

- **MedStar GME Feedback:** Residents and Fellows can utilize our [Google form](#) to provide any concerns or feedback (anonymous or named) to GME. Responses are checked several times a day.
- We are currently seeking a list of residents/fellows who would like to **volunteer to be redeployed** within their own institutions to assist with coverage in various areas, both COVID and non-COVID units. If you would like to have your name added to our volunteer list, please contact BOTH your program director AND your Associate DIO (Dr. Burke, Dr. Detterline, Dr. Pindiprolu or Dr. Wisotzky).
- Our Continuing Professional Education team has received approval from our accrediting body to provide up to 30 hours of Category 1 CME credit for learning from COVID-19.
 - In recognition of your exceptional service during the COVID-19 pandemic, MedStar Health physicians, nurses, pharmacists and physician assistants can claim up to 30 hours of CME/CE credit while learning on-the-job.
 - To obtain CE credits, MedStar Health providers can complete a self-reflection survey to document their workplace learning experience related to COVID-19 from April 1, 2020 to June 30, 2020.
 - Submission link will be available no later than May 1, 2020. Visit medstar.cloud-cme.com
 - Thank you for saving lives, advancing health and your ongoing commitment to life-long learning!

Accreditation Statement	In support of improving patient care, MedStar Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.
Credit Designation	This activity was planned by and for the healthcare team, and learners will receive 30.0 Interprofessional Continuing Education (IPCE) credits for learning and change.



Updates from this week:

- Q&As on the topics of PPE (04/16) and Resident/Fellow Salary and Benefits (04/21) were recently distributed.
- Dr. Evans' "[COVID-19 NOW – What You Need to Know](#)" message, highlighting updates on clinical care practices, policies, and operations was last updated on **April 20**. Be sure to read this for important updates. It includes important updates on:
 - Expanded face mask use for associates and patients
 - Important information on MedStar's program for decontamination and re-use of PPE
- Access COVID-19 resources outside of the MedStar network on MedStarHealth.org/COVID19Resources
- Send any COVID questions to COVID19@MedStar.net

Reminders:

- Residents/Fellows: Please upload your signed [renewal contracts](#) in New Innovations ASAP.
- All residents/fellows departing MedStar in June or July will have their [medical insurance](#) extended for the following month. If you graduate June 30, your coverage will be extended for the month of July. If you

graduate in July, your coverage will be extended for the month of August. See the “Top Issues” Q&A for more information.

- Take care of yourselves. Take care of each other. We are all in this together!

Jamie S. Padmore, DM

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