

NOTE FROM DEAN PADMORE

This week, I welcome MedStar's new interns to our team and to ***Academics This Week***, a weekly update we use to connect and communicate across the entire MedStar Academics and GME program. **We look so forward to meeting you all in person.**

Now more than ever I am grateful for the incredibly diverse and dedicated group of physicians who make up this team, one that represents people from all walks of life and from points across the nation and around the globe.

As a nation, we are in the midst of difficult but critical reflection on societal inequities and injustice as we honor the life of George Floyd and work to address the cancer of institutional racism. And on that point, I want to assure you that you are each respected for the varied experiences and viewpoints you bring to this team.

During this difficult time, you can have confidence that you are part of an institution with a longstanding and sincere commitment to diversity, whether that be in providing access to care in all communities, to respecting cultural differences, and to bringing together a community that reflects and respects true diversity in all of its forms. I encourage you to read an [important message](#) from Ken Samet, MedStar Health's President and CEO, explaining more about MedStar's commitment to inclusiveness and respect for diversity of all types.



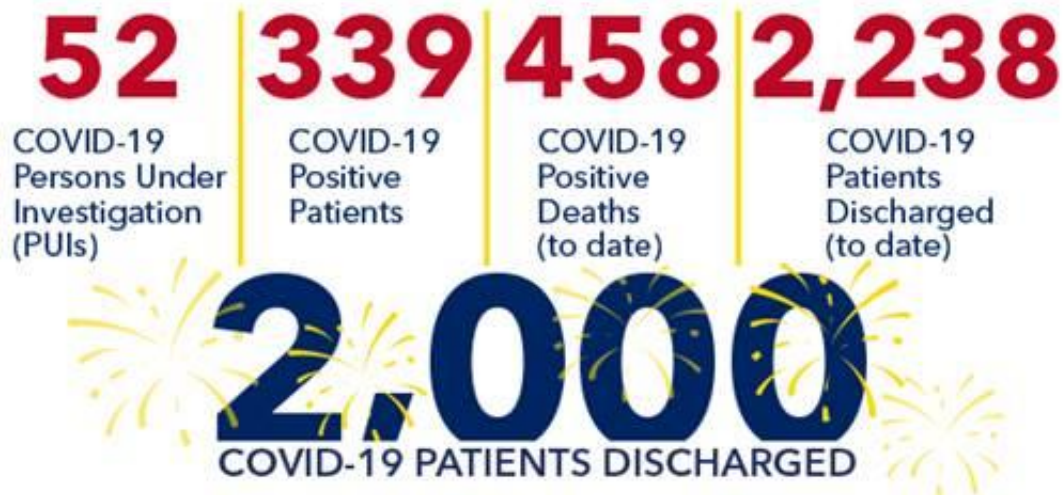
*VP Academic Affairs, MedStar Health
Sr. Associate Dean for Medical Education, Georgetown University Medical Center*

OneMedStar. OneGME. OneTeam.

Today's COVID-19 Statistics:

MedStar Health

Inpatient statistics, June 4, 2020



RESIDENT SHOUTOUT

Haley Harvey MD, Emergency Medicine, MGUH/MWHC

Haley was nominated by her chiefs - Katie Ratay, Patrick Finan and Mike Yacovelli:

“Hayley Harvey has always provided excellent care to her patients and is a leader in our program. We are especially proud to call her our co-resident now as she has recently returned from maternity leave and jumped right back into the fray, facing the challenges of the pandemic with the same dedication she always displays. Thank you for all that you do, Hayley!”

PLEASE NOMINATE A RESIDENT OR FELLOW FOR A SHOUT OUT!

IMPORTANT UPDATES:

- **June GME Town Halls via Zoom** <https://georgetown.zoom.us/j/96877504845>
Please plan to participate for important announcements and updates related to the residency and fellowship programs!
 - Monday, June 8 at 7:00 pm
 - Tuesday, June 9 at 12:00 pm

- Intern Welcome Videos
 - **Please record a short welcome video for the new interns!**
 - It is quick and easy, just go to: <https://www.tribute.co/medstar-interns/>
- Student/Trainee Rotations and Electives
 - All student rotations (including medicine, allied health, nursing and others) continue to be temporarily suspended due to COVID-19
 - A working group is being established to determine when, and under what conditions, we will begin to re-introduce student learners into our MedStar entities.
 - GME electives (in and out of MedStar) also remain on hold through the month of June. Updates will be provided soon.
- MedStar Health 2020 Foundations in Education (Intern Orientation)
 - We are excited to welcome all our new interns, residents and fellows!
 - Virtual Zoom Intern Orientation: **June 11th** from 8am-10:15am & **June 12th** from 8am-10am.
 - In-person hospital on-boarding will be done in small groups on June 11, 12, 15, and 16. Schedules have been distributed.
 - Virtual Zoom Late Start Resident/Fellow Orientation: **July 23rd**, more details to follow
- Personal Protective Equipment (PPE) Updates
 - New PPE videos demonstrating all the aspects of donning, doffing, and the conservation protocols are now available. <https://covid19.medstarapps.org/2020/05/12/ppe-instructional-videos/>
 - All surgical resources, including protocols for pre-operative testing, PPE use in the OR, etc. is available here - <https://covid19.medstarapps.org/2020/05/18/surgical-resource-page/>
 - All resources and protocols for the ambulatory offices as they are reopening are also now posted <https://covid19.medstarapps.org/2020/05/20/ambulatory-resource-page/>

Work. Learn. Grow. Together.

UPDATES FROM THIS WEEK:

- Dr. Evans' "[COVID-19 NOW – What You Need to Know](#)" message, highlighting updates on clinical care practices, policies, and operations was last updated on **June 3**. Be sure to read this for important updates. It includes important updates on:
 - Update on patient visitor restrictions
 - Updated treatment guidelines
 - Noninvasive Ventilation in COVID-19 Patients
 - Z Flo Positioner for Proned Patients Job Aid
- Access COVID-19 resources outside of the MedStar network on [MedStarHealth.org/COVID19Resources](https://www.MedStarHealth.org/COVID19Resources)

- Send any COVID questions to COVID19@MedStar.net

REMINDERS:

- Rising Chief Resident Training: June 10
- CME Credit for COVID-19: Don't forget to complete an online reflection of learning from COVID-19 for up to 30 Category 1 CME credits! <https://medstar.cloud-cme.com/default.aspx?p=1200>. **This must be done by June 30, 2020**
- Our new website, www.MedStarGME.net is active and contains information for residents and fellows including COVID-19 updates, Town Hall documents, Shout-outs, Wellbeing resources, and links to many other resources such as the Dahlgren Medical Library.
- Financial Wellness Seminar Series
 - Managing finances can be stressful. It is especially stressful in a time like this. We have partnered with Financial Beginnings to bring you with a 5-week Financial Wellness Seminar Series.
 - The workshops will take place Wednesdays 7 to 8 p.m. beginning June 3. You can sign up

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Register Online!
FinancialBeginnings.org/medstar/

SAFE
Student Academic Financial Empowerment

Financial Wellness Seminar Series

Financial and Physical Health Go Hand in Hand.

Your ability to deliver high-quality patient care and attention can be hampered by your own personal wellness. You know the importance of remaining physically healthy, but managing your financial health is also essential to your overall well-being. The high stress that naturally comes with being a medical professional should not be compounded by financial worries. Yet when it comes to personal financial wellness, it may be difficult for you to set aside time in your busy schedule to equip yourself with financial knowledge.

56% of Americans say managing their finances impacts their physical health.
Source: Merrill Edge Report, Spring 2019

One-Hour Workshops Developed with Medical Professionals in Mind.

We have created a five-part online seminar series that will help you better understand your financial situation and how to make informed decisions for your future financial independence. Click below to register for the complete series or only those you are interested in attending.

Join the Workshops from 7 - 8 PM ET

June 3rd	June 10th	June 17th	June 24th	July 1st
Savings & Retirement Learn about compound interest and how to develop a retirement plan.	Income & Taxes Analyze income potential and learn about financial and tax system responsibilities.	Protecting Yourself Gain an understanding of insurance types and review insurance needs.	Credit & Debt Learn the importance of strong credit and gain an understanding of different loan types.	Goals & Tools Develop financial goals and learn how to leverage tools to achieve them.

About the Workshop Volunteer

Justin Krebs, MS, CFP® is the Director of Financial Planning and Student Loan Services with InSMED. Prior to joining InSMED, Justin spent five years as the Manager of Student Debt Counseling and Financial Management at Oregon Health and Science University in Portland, OR. Justin was just one of three CFP® professionals nationally that worked for a medical university in such a capacity. During this time he had over 2,000 meetings with students, residents, and faculty helping them integrate loan repayment with long-term financial goals.

Justin earned his CFP® designation in September of 2009 and earned his Master's in personal financial planning from Kansas State University in 2014. Justin lives in Canas, Washington with his wife Akiko, and their 3 daughters.

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at <https://www.financialbeginnings.org/medstar/> or **check out the attached flyer.**

- USMLE Step 3
 - Due to COVID-19, we recognize several of you were unable to take the USMLE Step 3 examination on time. MedStar GME has extended the deadline for passing Step 3 to December 31, 2020.
- ELECTIVES Update
 - MedStar will begin to phase-in elective rotations for our residents and fellows effective July 1, 2020. Please see [communication](#) describing guidance/restrictions that will be in place for the immediate future.
 - Restrictions remain on resident/fellow electives in to MedStar from other institutions.
- MOONLIGHTING Update
 - External moonlighting will be re-initiated with a modified policy beginning June 1, 2020. Please see [communication](#) describing guidance/restrictions that will be in place for the immediate future.
 - The updated guidance supplements our current Moonlighting policy.

We're all in this. Together.

Jamie S. Padmore,
DM

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